Daylight Saving Time

*Listen and answer the following questions about Daylight Savings Time.*

1. Who was the first person to propose Daylight Saving Time (DST)?

2. The first bill concerning DST was passed when?

3. In the example about traveling 35 miles, how many times would you have had to have changed your watch?

4. The expert lists several advantages – what are they, and why do they occur?

5. What are some disadvantages?

6. What happened with one American metropolis area?

7. In your opinion, should we adopt DST in Japan? Why or why not?

8. List at least five groups that might have particular opinions about DST.