

# We DON'T tell lies

## *Sports* P.2~

We had two big interviews with an **Olympian** and **Paralympian** who are studying at Meiji University!



### **Message from Rina Akiyama**

This London games is the second time I could participate in the Paralympics as a Meiji University student. I could win a **gold** medal thanks to the support and cheers of my school teachers, Meiji staff, seniors and friends. So I'm happy to tell everyone about this good result!



### **Message from Yasunari Hirai**

"I think Meiji is a good university. We have only 4 years in our school life at Meiji so you should do something you can be proud of!"

## *Travel* P.4~



We decided to write about travel because many people like travelling. We conducted a survey and wrote about your trips, regional food in Japan and new cheap airlines. Enjoy the articles and enjoy your trip!

## *Entertainment* P.7~



Most people are interested in entertainment so we choose this topic. There are three articles; J Pop or K-Pop, Smart phones and Ghibli based on interesting results from our surveys. We hope you like the articles!

## *Advertisements* P.10~11

## Vitality Making Dreams Come True

Yasunari Hirai is a senior at Meiji University in the department of politics and economics. He is a model on the poster for Meiji University. He competed in **OWS** at the London Olympics. OWS is a shortened form for **“Open Water Swimming”**. This is the long distance swimming event in the sea, river, and lake. It was adopted into the formal games at Beijing Olympics in 2008.

### OWS

“In Japan, OWS is not a major sport and no Japanese has ever challenged, so I thought I would try OWS. Not only skills, but I also need to think about the route, considering the tide and tactics. This is the difficult thing of OWS. OWS is a major sport in Europe. If I can get remarkable results in the world, OWS will automatically become popular in Japan. I think that I act based on my belief that **“I want to take part in Olympics”** or **“I want to get the medal”**, so OWS automatically penetrate into field of Japan.”



### Yasunari Hirai

Yasunari Hirai is a senior at Meiji University in the department of politics and economics. He is a model on the poster for Meiji University. Hirai competed in OWS at the London Olympics.

2008	InterscholasticAthleticMeet(a 400-meter freestyle)	1 <sup>st</sup> rank
2011	Universiade(OWS)	3 <sup>rd</sup> rank
2012	TheLondonOlympicGames(OWS)	15 <sup>st</sup> rank

### The Olympics

**“I want to participate in the Olympic Games.”** This feeling is the only one that makes me swim. I have thought that I wanted to take part in the Olympics since I was young. If I don’t participate in the Olympics, I’m a loser. Participating and not makes a difference. If I have a chance, I would like to challenge.”

### Obstacles.

“There is no coach in Japan, the environment for practicing OWS isn’t perfect. However, I can do my best within the limits. In a word, **‘feeling’ is the most important.**”

### CatchPhrase

**“I will leave my name in history.” “There is no limit to my ability.”** Why does he say such words that put pressure on him? “Because it’s cool to do what I said, so I said these words. I may want to attract attention. I never thought that I could get a medal. However if I say that I will get a medal, the mass media will pay attention. I act as a strong person.”

In the World preliminary rounds, Hirai had an accident immediately after the start; his goggles came off because of another swimmer. We asked him how he dealt with the accident. “In my head, I said that I could get back in the race.” Hirai heightens his possibility by talking and encouraging himself.

“After participating in the Olympic Games, my sense of values changed and I can widen my potential. Although I have to be careful about other people, there are more good things after taking part in the Olympic Games. I can do what I want to do.” We can understand his strong feeling for the Olympic Games.

Continued p. 3

## Don't Lose to Yourself

Rina Akiyama is a blind swimmer who competed in the London Paralympics. She is a post-graduate in the department of law at Meiji University. She started swimming when she was 3 years old because her mother recommended it. She is never content unless she does her best.

2004	TheAthensParalympics	2 <sup>nd</sup> rank
2007	TheJapanParalympics	1 <sup>st</sup> rank
2008	TheBeijingParalympics	8 <sup>th</sup> rank
2012	TheLondonParalympics(a 100-meter backstroke)	1 <sup>st</sup> rank
2012	TheLondonParalympics(a 100-meter breaststroke)	7 <sup>th</sup> rank

### 1.What do you think about winning your gold medal?

I thought that if I get a gold medal in the Paralympics, I can become a real world champion. So I have a special feeling for the gold medal as I have practiced swimming for 8 years to get it. Because I encountered some difficulties, my gold medal of the London Paralympics feels the heaviest of all the medals I have won.

### 2.How do you feel after finishing the Paralympics?

I am satisfied with my result. I did my best. I have no regrets about my race. My swimming career has concluded in London. I will participate in the Japan championships but after that, I do not have any plans.

### 3. How did you cope with training and studying?

Before, I tried to wield both pen and sword, but it was very hard. Now, for one year (2011~2012), I have been giving priority to winning a gold medal, not to studying. In fact, I couldn't have enough time to study, but I could concentrate on both by having the goal for coping with training and studying.

## OUR IMPRESSION OF RINA

We could interview Ms. Akiyama on the telephone when she had just arrived at Narita Airport from London! Though she was tired, she was willing to give us an interview. Her motto is "**Don't lose to yourself!**" She has this strong belief so she could get such a fantastic result. Congratulations, Rina!!

From p. 2

Also, most university students go drinking and spend a lot of money. However, it is better to spend your money going abroad and learning something there.

Hirai is a passionate athlete. He has a concrete purpose in his life. We think that this purpose causes his vitality. It lets him build good human relationships and they make his character.

**We should think about our dream. Take actions. You can make your life more exciting!!**



## OUR EDITOR ON ICE!

Shoko Ishikawa is senior student at Meiji University on the department of literature. She started figure skating when she was 7 years old. She is good at triple jump and skating with her body moving dynamically.

**Why did you start practicing figure skating?**

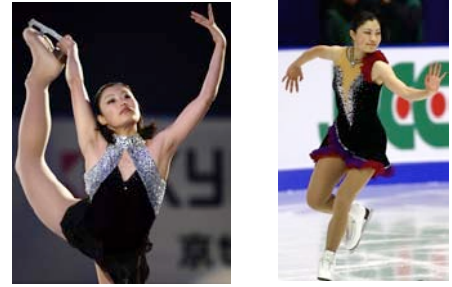
It is fun to move more freely and speedily than on the ground.

**What is your special element?**

The flip-Jump, one of the toe jumps, is the best.

**What do you think about your performance?**

I am taller than other skaters. So when I perform dynamically, people think I move slowly. If I want to make a more delicate performance, I have to practice harder than short skaters.

**What was the best experience in the last few years?**

Shizuka Arakawa, my favorite athlete, did my choreography. I learned many things from her.

**How did you overcome accidents?**

When I broke my ankle, it was so hard as I could not practice. I lost my confidence. However I love figure skating. I wanted to skate again. So I changed my attitude for the next competition.

**Who is your rival?**

I don't have any. My rival is myself. Practice builds my confidence. So I always try to do my best in my competitions.

**What is your goal for the next season?**

This year is the last season for me as a university student. So I will do my best. Of course, I believe that my hard practice will help me give my best performance.

**How do you manage to study and practice?**

When I was a freshman, it was so hard. However coming to university is my refresh time and I feel very happy to know new things. I go to school almost every day.

**When do you feel happy as a Meiji university student?**

First, figure skating costs so much but Meiji supports me with the cost. It makes me practice in intellectual environmental. Second, I can be stimulated by other athletes.

## OUR IMPRESSION

*'I like figure skating. So I want to continue it and do something related to figure skating in the future such as a trainer or show skater.'*

When we interviewed her, we were impressed by these words. Her sincere attitude, toward figure skating, of doing her best at every practice, moved us. She is so strong physically and mentally. We want to watch her performance and cheer her more than before. We as university students of Meiji are proud of Shoko.

## MESSAGE FROM SHOKO

"There are many good students in this university. I think everyone can improve the ability in many ways-sports, English and so on. I want everyone to try or challenge anything. we have many chances in Meiji-University because Meiji gives us so many programs like summer program!"





## GHIBLI FOREVER!

### The best Ghibli movies

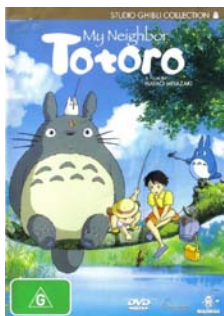
I wonder that everyone has memorable movies as a child and most of our memorable movies will be “Ghibli” movies. “Ghibli” is made in STUDIO GHIBLI. This company was established in 1985 to make movies such as “My Neighbor Totoro” and “Kiki’s Delivery Service”. This company makes fantastic movies and represents Japanese animation. So, which is the best ‘Ghibli movie?

At this time, we make a questionnaire and surveyed toward some Meiji University Students.

Position	Title	votes	Director	Date	Ranked income
10	The Cats Returns	5	Hiroiyuki Morita	2002/7/20	7
10	Nausicaa of the Valley of the Wind	5	Hayao Miyazaki	1984/3/11	15
8	Howl’s Moving Castle	7	Hayao Miyazaki	2004/11/20	2
8	Porco Rosso “紅の豚”	7	Hayao Miyazaki	1992/7/18	9
6	Castle in the Sky “天空の城ラピュタ”	10	Hayao Miyazaki	1986/8/2	17
5	Whisper of the Heart	14	Yoshifumi Kondo	1995/7/15	13
4	Kiki’s Delivery Service	16	Hayao Miyazaki	1989/7/29	11
3	Princess Mononoke	18	Hayao Miyazaki	1997/7/12	3
2	My Neighbor Totoro	32	Hayao Miyazaki	1988/4/16	16
1	Spirited Away	40	Hayao Miyazaki	2001/7/20	1

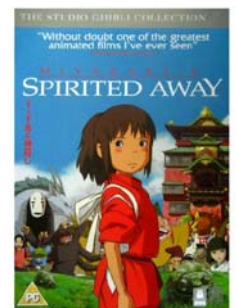
### The ranking.

The 3<sup>rd</sup> movie is “Princess Mononoke”. This story is about Asitaka in Emishi’s village is cursed by the God Tatari. After that, Asitaka starts wandering west. He knows the reason for his spell and joins the battle with “Mononoke” to protect nature from people who want to kill the head of “Mononoke”, the God “Shishi”. This movie was released in 1997.



No.2 is “My Neighbor Totoro”. This story is about Mei and Satsuki who move from the city to the suburbs and start their life in an old house. They meet different creatures and have their adventure. In this movie, “Totoro” appears and becomes one of Japan’s most famous characters.

No, 1 is “Spirited Away”. This story is about a girl, Chihiro, who strays into the world of the Gods. Then, her parents are changed into pigs, because they eat the food of the Gods. To help them, Chihiro works in a public bathhouse where some Gods visit. While she works, she notices her ability and grows up mentally. This movie was released in 2001, and is the biggest grossing of all of movies in Japan. In addition, “Spirited Away” won the gold prize of Berlin International Movies Festival.



### Why is “Spirited Away” No.1? and “My Neighbor Totoro” No.2?

Our generation was about 7 or 8 years old when “Spirited Away” was released in 2001, we were elementary school students, so this movie was the first movie that we watched and became a memorable movie.

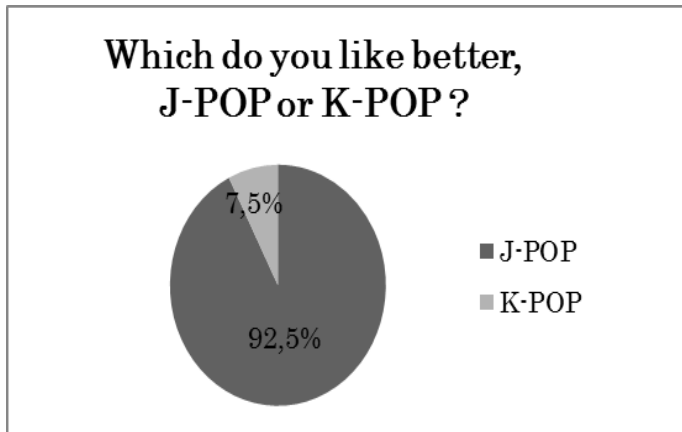
In this questionnaire, there were a lot of similar reasons for Totoro, such as Totoro is cute! “Totoro” is one of the most famous anime characters in Japan and so popular. So most people know “Totoro” as a cute character. Each people has different opportunities and reasons, but everyone has a favorite “Ghibli” movie with good memories. From now on, “Ghibli” movies will also give many children emotions around the world.

## K-POP? J-POP?

Today, K-POP is getting more popular in Japan because there is a K-POP boom. On the other hand, J-POP is still popular, and some groups are active not only in the music world, but also in the TV world.

First of all, what are actual meanings of J-POP, K-POP and popular music? According to Wikipedia, "J-POP" means Japanese popular music that was made by J-WAVE on FM stations, and "K-POP" means "Korean popular music" which is the same as J-POP. Moreover, "popular music" is the generic word for various music genres that became popular in the 20<sup>th</sup> century.

### Which is actually more popular, J-POP or K-POP in Japan now?



A survey for students who are taking the Meiji Summer Language Program shows that 92,5% of students like J-POP, and 7,5% students like K-POP. (See Graph1). This is surprising because most people think that J-POP and K-POP would be fifty-fifty. (See Graph1)

So, which groups do you think as J-POP and K-POP groups?

### J-POP

Arashi serves as main hosts of 24 hours TV and they appear in many regular TV programs. Other groups are also active on TV. It seems that the more groups appear on TV, the more popular they become.

	Groups	votes
1	Arashi	23
2	AKB48 / Mr.Children	12
4	SMAP	8
5	EXILE	7



ARASHI

### K-POP

KARA was the most popular K-Pop group 43 votes in front of the second place. It is a big difference. Everyone knows KARA's characteristic hip shaking dance which from their popular song "Mr" and the beautiful legs of Girls Generation. It seems that groups with strong characteristics give students impression.

	groups	votes
1	KARA	66
2	Girls Generation	23
3	Tohosinki	6
4	Super Junior / Big Bang	4



KARA

In this survey, there is a big difference of the number of groups that students gave for J-POP and K-POP. J-POP had four times as many groups as K-POP. The votes for K-POP concentrated on the first and second places. In these circumstances, even in the K-POP boom, it can be said that J-POP still has the greatest popularity. J-POP might be more familiar to Japanese than K-POP. But recently, the number of K-POP groups is increasing and they seem to continue from now on.

After this, the competition between J-POP and K-POP will be worth watching!!

## SMART OR NOT SMART

The number of Smart Phone users continues to grow steadily but in fact in Japan, the percentage of people using smart phones is still small

### The HISTORY of Smart Phone

There are some opinions about the origin of Smart Phone. One is called "BlackBerry." It was made in 1997 by RIM, in Canada. It was a combination of a cell phone and pager (Pocket Bell). Around 2004, its functions increased and it was more convenient. It was reported that Barack Obama, the President of the US, was glued to his Blackberry. After BlackBerry, "iPhone" was released in 2007 dramatically.

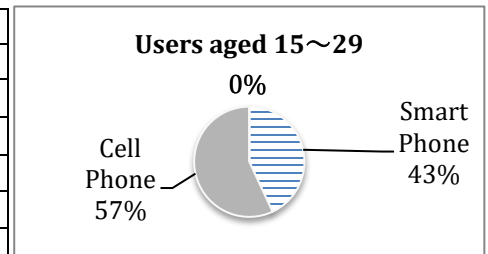


*the first BlackBerry*

### FEATURES iPhone vs. Android

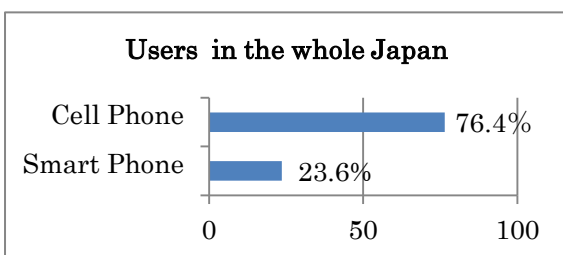
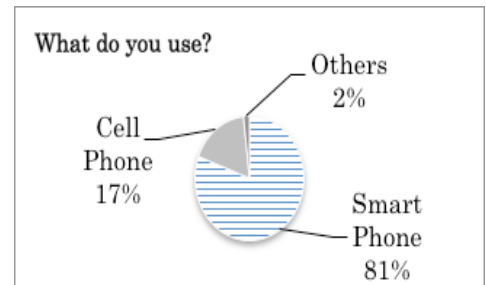
The area manager of a popular home electronics retailer explained the differences between iPhone and Android. Roughly speaking, iPhone is easy to use but Android has many functions.

	iPhone4S(iOS)	Android
1 Display	○ small but beautiful	○ various size
2 Applications	◎ so many	◎ free apps growing
3 Response	◎ very good	? depends on model
4 Battery	○ good	△ tend to be a shortage
5 Functions	△ sometimes limited	◎ ability like PC
6 Operations	◎ user-friendly	○ sometimes hard to use



### Opinions of Meiji students

Many students use Smart Phones now and they gave us some advantages of using Smart Phones and Cell Phones. It seems that it's easy to use the Internet with a Smart Phone whereas a Cell Phone has a tough battery. Students also say that the former has many apps; therefore we can enjoy the phone but the latter allows us to type words easily



In Japan, the number of Cell Phone users is still big. I think students tend to want Smart Phones to exchange information easily with their friends

### BREAKING NEWS iPhone 5 coming to Japan

It will be released on 9/12 in the US. At the moment, we don't know about iPhone 5 by Apple but it is said that the display is larger than iPhone 4S. The image on the right is a prototype. We have to wait for the presentation by Apple



## POPULAR PLACES

There are many countries in the world but which would you like to visit?  
Students at Meiji University completed a simple survey. The questions included:

- Which countries have you been to?
- Which country did you like best?
- Which countries do you want to visit in future?

	No.1	No.2	No.3
The countries you have been to	United States	Australia	United Kingdom
The countries you want to visit	United States	France	United Kingdom
The country you like the best	United Kingdom (89%)	France (60%)	Italy (59%)



Australian Koalas



Big Ben, UK



Leading tower of Piza



The US is top in the first two rankings! Why?

Since the war Japan has had a close relationship with US, especially its economic relationship. So Japanese are familiar with American people and American culture. But, is that the reason why people want to visit US? There may be a bigger reason why people are attracted to US. Our survey shows overwhelmingly that people have a good image of US such as "cool", "freedom". This is the reason why almost all the people want to go to US.

The Statue of Liberty USA

Continued p. 12

## PRICE? SAFETY?

When you travel, there are many important things. The airline is the most important. Results from a survey of Meiji University students show which Airline is most popular and why people choose an airline.

	First	Second	Third
Element to decide Airlines	Ticket Price (68)	Quality of service (31)	Safety (8)
Airlines	JAL (42)	ANA (35)	China Airlines (4)



JAL uniform

First of all, according to our questionnaire, many students in Meiji University think the ticket price is the biggest element for them to decide an airline. The second is the quality of service of an airline, and the third is the safety.

Next, according to our questionnaire, JAL is the most popular airline for Meiji University students, partly because JAL is famous in Japan. The second is ANA, mainly because the quality of service of ANA is pretty high. The third is China Airlines. However, these results are contradictory as JAL and ANA do not offer cheaper tickets.

Continued p. 9



Skyline uniform



## DISPLAY OF REGIONAL SPECIALITIES

### Recommended special food products from other places.

Everyone loves to eat, but there are so many kinds of foods all over the world. So when you travel, what a kind of food do you want to eat there? It might be a regional speciality! It makes your trip more pleasant trying delicious foods. So, here is a report on some special food products of Japan as suggested from a survey of Meiji University students. What food products are the most famous from their hometown and which special dishes they recommend from places other than their hometown. Here are some interesting results.



Hokkaido

#### <Kaisendon>

Hokkaido is a treasure box of fresh sea food. Sea food bowl combined with plenty of shrimp, sea urchin, tuna and so on is excellent. There was a large number of the answer which recommends sea food of Hokkaido to the questionnaire. I think it is a little different from Tokyo.



Yamanashi

#### <Houtou>

Houtou is a local specialty of Yamanashi prefecture. It looks like udon and came from China as confectioneries during the Nara era. The ingredients are different in every home. But, according to inhabitants of Yamanashi, there are four rules to Houtou. If there is even one missing, it is not called Houtou. You should go to Yamanashi prefecture and eat it if you want to know the reasons and the facts.



Akita

#### <Kiritanpo>

Kiritanpo is made from rice and cooked in a pot. It is a local specialty of Akita prefecture and it is mainly eaten in autumn. To cook this dish, first, put chicken broth into an earthen pot. Next, put chicken, giblets, burdocks and mushrooms into the pot. Next, add soy sauce, sake and sweet sake to it. When it boils, add green onions. Finally add seri.



Hiroshima

#### <Hiroshimayaki>

Hiroshimayaki is a kind of okonomiyaki. The difference between normal and Hiroshimayaki, seems to be how to make. Okonomiyaki is usually baked dough and mix the ingredients, Hiroshimayaki is so piled up and cooked without mixing the dough. In addition, the tool of Hiroshimayaki, buckwheat, vegetables seems to be the main. It must be delicious!

Continued p. 12

From p. 8

In Japan, the airline that is the most famous for bargain tickets is Skymark, which is the fourth company on the airline ranking. Compared to JAL, Skymark sells drinks, and does not provide snacks, newspapers and magazines. On the other hand, JAL offer all of them for free and JAL has a lounge in each airport. Also, Skymark does not adopt uniforms. The staffs wear only windbreakers and polo shirts, but JAL forces its staffs to wear formal uniforms. Skymark does not offer a frequent flier program. By the way mentioned above, Skymark can offer pretty cheap airline tickets.

In conclusion, which is better? If you plan to travel to a far country or to have a long hour flight, you should choose an airline such as JAL. However, if you move domestically, you should take a bargain ticket. It is the worst case where you get tired in flight before your trip. Therefore, it is more important to take the best way for you.

# Let's Talk

If you participate in this optional class, you can especially improve discussion skills! For example, we talk about academic topics, and can learn the importance of explaining something clearly and difficulty of using only English.



# We Tube



Are you interested in making videos?  
 You made them in English so at the same time,  
 you can get skills of speaking English!  
 Welcome to this option if you like an anime,  
 movies, drama and of course YouTube!

## Contemporary Music

Your image is that we play music in this option, isn't it? However, we can study the history of musicians from the 1950's-present!



This class suits you good, if you love music!

## Newspaper

It's busy and tough to write an article but you can get new information and improve your English skills. The best thing is that you can interview a medalist of the Olympics. You decided to participate in this class? That's a wonderful choice!



## *ENGLISH*

### **Fitness**

In our class, we are dancing and learning how to become healthy and how to exercise. Through dancing, we can enjoy using English about health and fitness.

**It's energetic and fun!!**

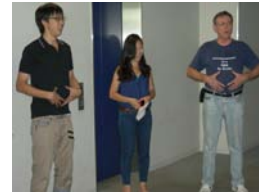


## *INTENSIVE*

### **MC**

We can learn clear pronunciation and how to introduce by practicing presentations, singing songs. Now, we are gathering information in order to introduce other classes.

**Let's enjoy with funny friends and teacher!!**



### **Drama**

By using our bodies, we learn how to express and act in front of an audience. It is important not to be shy in our class.

We are now practicing drama for our own production on the last day.



**Have fun!!**

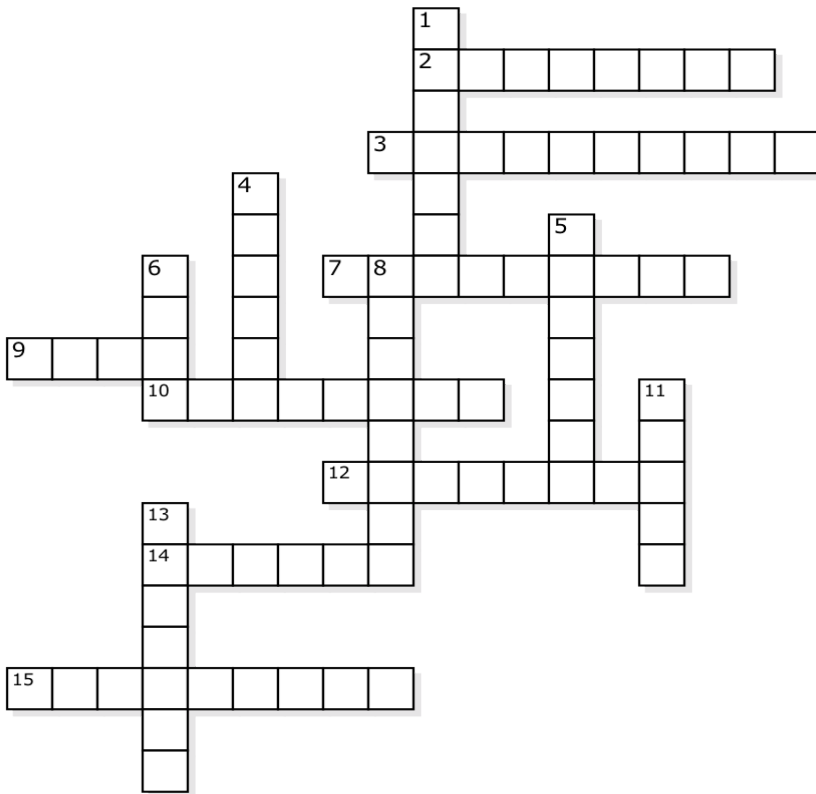
### **American pop culture**

Are you interested in You Tube or Facebook? We can learn American pop culture by watching them. Moreover, our English skills are improved.

**Why don't you join us?**



# CROSSWORD



## Across

- 2) to make a child part of your family
- 3) very silly or unreasonable
- 7) feeling annoyed and impatient
- 9) What the [ ].... emphatic phrase
- 10) to think about something pleasant
- 12) [ ] Savings
- 14) sudden and unexpected
- 15) opposing or disapproving of something

## Down

- 1) someone who cleans other people's houses, offices etc
- 4) an object or someone that is strong
- 5) an insect that is usually red with black spots
- 6) having little or no hair on your head
- 8) directly relating to the subject or problem
- 11) go with
- 13) able to wait calmly for a long time

## EDITORIAL STAFF

From p. 9

### Editor

\*Shoko Ishikawa

### Assistant Editor

\*Yuna Yoda

### Sports Desk

\*Tomoe Take

\*Hisano Kiuchi

\*Mai Hiromi

\*Hayate Sugiyama

## The most famous food products from your hometown.

Look at the table on the right. It shows us what is the most famous food product of each prefecture. Do you know all of them? Which food do you want to eat?

So, Let's try them!

Ehime	Oranges
Aomori	Apples
Chiba	Peanuts
Miyazaki	Mangos
Okinawa	Sugar Cane
Niigata	Rice
Fukuoka	Mentaiko
Kanagawa	Shumai

### Travel Desk

\*Go Matsumoto

\*Keigo Tsukamoto

\*Monami Ishii

\*Satoru Watanabe

### Entertainment Desk

\*Wataru Kitagawa

\*Kenta Kamishima

\*Mayu Tominaga

From p. 8

However, the US is not so high as a recommended place to visit. The ratio of people who have been there to the people who recommend it is only 41%. This may be because the image people had was too big. On the other hand, France has high rank both countries people want to visit and places you would recommend. What can be said from this result is that France is popular with people who have never gone there and those who have gone there. There are also many places to visit. For example, The Eiffel Tower, The Louvre museum, and so on.

Meiji University students have been to many countries apart from these countries. It is very important to see many places with your eyes!