Class #9 (June 11, 2014)

Let’s look at the Markus and Nurius (1986) article.

1. On page 957 we find the following:

*The individual's collection of self-conceptions and self-images can include the good selves (the ones we remember fondly), the bad selves (the ones we would just as soon forget), the hoped-for selves, the feared selves, the not-me selves, the ideal selves, the ought selves.*

What are some examples of those selves for you?

1. On page 958 Markus and Nurius detail the six categories included in their research instrument. For each of the six categories, how would you describe yourself?
2. Do you accept that the existence of a possible self might serve as an incentive? (p. 962) Can you cite an example from your personal life?
3. “Both recent and classic literature of the self highlight the individual’s apparent tendency to distort information or events so as to verify or sustain the prevailing view of self” (p. 963). Do you find this is true in your life? How about in public discourse?